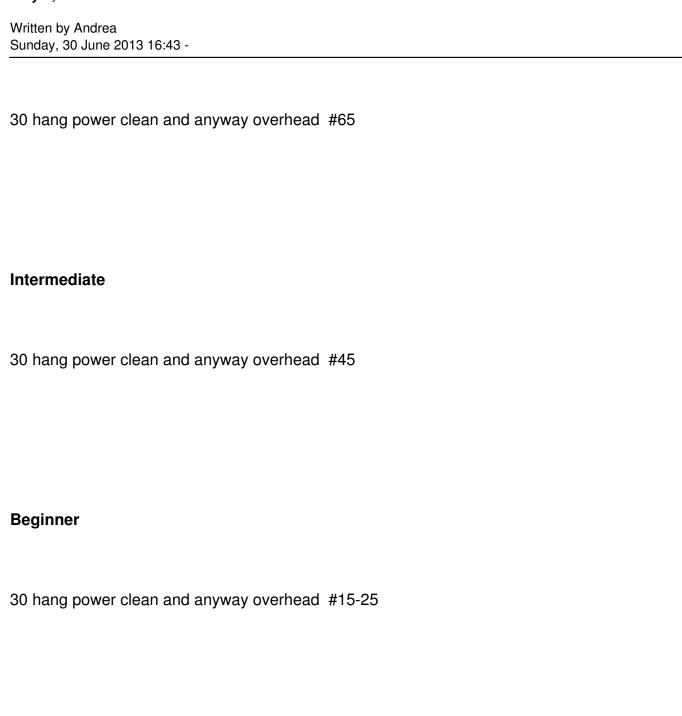


"Baby Grace"

## **Advanced**



Sub dumbbells for the barbell if your belly impedes your bar path.