

## "Baby DT"

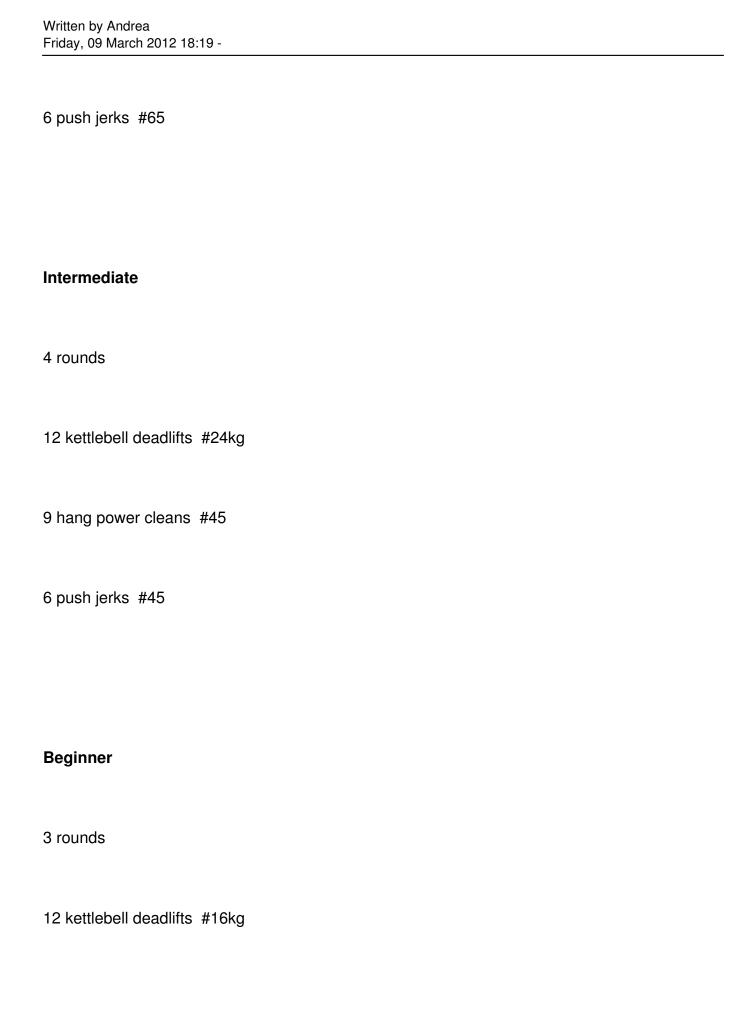
## **Advanced**

4 rounds

12 kettlebell deadlifts #32kg

9 hang power cleans #65

## March 10, 2012



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Written by Andrea Friday, 09 March 2012 18:19 -

9 hang power cleans #15-25

6 push jerks #15-25