

Disclaimer

Written by Administrator
Tuesday, 22 July 2008 16:00

Legal Disclaimer

LEGAL DISCLAIMER IMPORTANT INFORMATION ABOUT THE HEALTH OF YOU AND YOUR CHILD:

CrossFitMom services are not a substitute for professional medical advice or a medical examination.

Prior to participating in any program, activity or exercise, you should seek the advice of your physician or other qualified health-care professional.

You understand that these exercises can be strenuous and should be done in moderation.

There is an inherent risk in any exercise program that, while providing some health benefits, can also cause unknown health issues.

You understand that there are weights, balls, bars, mats, chairs, and many other items commonly associated with a gymnasium that can be left around by any person associated with CrossFitMom.

It is every person's responsibility to anticipate these items being left in places where they can cause injury.

Application or reliance on the techniques, advice, ideas and suggestions of any person associated with CrossFitMom are at the sole discretion and risk of the participant.

You agree, by participating in any program associated with CrossFitMom that CrossFitMom shall not be liable for any direct, indirect, special, consequential or exemplary damages for any injury or harm to you or your child incurred in or around the property where exercise occurs.

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